Little Falls Recreation Fall Sports

Champions League: 6 Week Program:

The Fundamentals Clinic, facilitated by NSS Athletics, is a welcoming and inclusive program that caters to individuals of all abilities, including children with intellectual and developmental challenges. Each participant is encouraged to have a Rutgers YSRC carded parent/guardian accompany them on the field throughout the weekly one-hour sessions held on Monday evenings.

Tuesdays Evenings: 5:45pm to 6:45pm | Sept. 15, 22, 29 | Oct. 6, 13, 20

Location: Duva Small Turf Field (160 Paterson Ave)

PRE-K: 6 Week Soccer Clinic:

Practices Saturday Mornings TIME TBD (9am and 10am)
Sept. 12, 19, 26 | Oct. 3, 10, 24

***Cleats + Shin Guards Mandatory*

Location: Little Falls Sports & Recreation Complex Turf Field

Kindergarten – 2nd Grade Boys & Girls Soccer

Competes against other towns in the West Essex Youth Soccer League. Practices start late August (1-2 Times Per Week) – Games Start Early September. ***Cleats + Shin Guards Mandatory*

3rd - 8th Grade Boys/Girls Soccer

Competes against other towns in the West Essex Youth Soccer League. Practices start late August (1-2 Times Per Week) – Games Start Early September. ***Cleats + Shin Guards Mandatory*

Heroes In Training (Pre-K-3rd Grade)

A low-intensity, fun, and engaging Sunday Morning Fitness Class, this program is led by certified trainers and schoolteachers, promising an enjoyable fitness experience for young participants.

9:30am: Sept. 13, 20, 27 | Oct. 4, 11, 25

Location: Recreation Center Gymnasium (160 Paterson Ave.)

4th - 8th Grade Cross Country

Practice 1-2 Per Week – Compete in Weekly Meets in the West Essex Youth Cross Country League.

Meets Start Mid-September (Weekdays/Saturdays)

K-8th Grade Tennis

Tuesdays: Sept. 22, 29 | Oct. 6, 13, 20, 27

REGISTER HERE FOR TENNIS ONLY: https://playtga.com/ (Hosted by Play TGA)

PV Jr. Hornets Field Hockey (2nd - 8th Grade)

September through October, 1-2 practices a week and 1 game a week. Games would likely be on Saturdays.

Questions? Email: Suarezj@pvrhs.org
Register at: https://forms.gle/iiiPYJ5ZHvA3S4cb7

DEADLINE FOR ALL FALL SPORTS REGISTRATION IS SATURDAY JULY 24

If you wish to be a HEAD or ASSISTANT Coach for any sport, please email **RECREATION@LITTLEFALLSNJ.GOV**

SCAN ME

Scan Code or visit register.communitypass.net

All start dates are tentative and dependent on weather.

The Township of Little Falls
225 Main Street • Little Falls, NJ 07424
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LITTLEFALLSNJ.GOV

Mayor James Damiano
Council Members: Christopher Vancheri, Anthony Sgobba, Michael Murphy, Jayna Patel, Christine Hablitz