Little Falls Recreation Spring Sports

Pre-K 3-5 Year Old Baseball/Softball Clinic

Participants will learn the fundamentals of baseball/softball – fielding, hitting & baserunning.

Saturday Mornings: 9-10AM: April 25 | May 2, 9, 16, 30 | June 6

Location: Little Falls Sports & Recreation Complex

Kindergarten Tee-Ball (Baseball & Softball)

Local Travel Required.

Max: 1 Game Per Week and 1 Practice Per Week

Passaic Valley Youth Baseball & Softball League

Grades 1 – 8

8 Game Regular Season + Playoffs (3rd-8th Grade)

Local Travel Required (Weekdays + Saturdays)

Heroes In Training

Our Pre-K - 2nd Grade Track & Field Program has been re-designed to a low intensity, fun & engaging Sunday Morning Fitness Class provided by certified trainers & school teachers from Final Round Health & Fitness in Little Falls.

Sunday Mornings: 9AM *Limited Space Available*

April 12, 19, 26 | May 3, 10, 17

Location: Little Falls Sports & Recreation Complex Gym

Tri-Town Track & Field (3-8th Grade)

Thursdays *Limited Space Available*

3rd-5th Grade: 5:30 to 7PM | 6th-8th Grade: 7 to 9PM

Practice Start Date & Bi-Weekly Track Meet Dates: TBD

Location: Passaic Valley High School Track

Tennis Fundamental (K-8th Grade)

Tuesdays • April 14, 21, 28 | May 5, 12, 19

K-2nd Grade: 5PM | 3rd-5th Grade: 6PM | 6th-8th Grade: 7PM

Location: Little Falls Sports & Recreation Complex Tennis Courts

THIS LINK IS FOR TENNIS REGISTRATION PROGRAM ONLY or visit https://playtga.com/northcentralnj/

Champions League Co-Ed Baseball/Softball Clinic

Once a week Co-Ed Clinic Style inclusive non- competitive program for everyone, including children with intellectual and developmental challenges. Each athlete is REQUIRED to have a Rutgers YSRC carded parent/guardian on the field with them each week during the Clinic.

Mondays: 5:30 to 6:30PM | April 13, 20, 27 | May 4, 11, 18

Location: Railroad Field

30 & Over Men's Softball League

Thursday/Sunday Evenings

April-June: 15 Regular Season Games + Playoffs

Location: Little Falls Sports & Rec Complex Duva Large Field

The Little Falls Men's Softball League is looking to add 2 new teams into the league for the spring of 2025. If you are interested in entering a team, please contact Recreation Director; Tyler Passero at RECREATION@LITTLEFALLSNJ.GOV.

21 & Over Women's Softball League

Sunday Mornings

April-June: 10 Regular Season Games. Game Time: 9AM & 10:30AM

Location: Little Falls Sports & Rec Complex Duva Small Field

The Little Falls Women's Softball League is looking to add 2 new teams into the league for the spring of 2025. If you are interested in entering a team, please contact Recreation Director; Tyler Passero at RECREATION@LITTLEFALLSNJ.GOV.

Volleyball Fundamentals Clinic (3-8th Grade)

Sunday Mornings • April 26 | May 3, ,10, 17, 31 | June 7

3rd-5th Grade: 9:30AM | 6th-8th Grade: 10:45AM

This clinic is provided by Pro DEV Skills LLC

NEW Adult CO-ED Kickball League

Friday Nights • April 17, 24 | May 1, ,8, 15, 29 | June 5, 12

Game Times: 7:30PM or 8:30PM

Ages 21+, $60 per player, Minimum of 10 players per team, Minimum of 7 males and 3 females per team per game, Team uniforms required (not provided). Anyone interested in serving as a team captain should email RECREATION@LITTLEFALLSNJ.GOV.

DEADLINE FOR ALL SPRING SPORTS REGISTRATION IS FEB. 16
All start dates are tentative and dependent on weather.

If you have any questions or concerns about registration or you would like to register to be a Volunteer Head/Assistant Coach for any sport, please email RECREATION@LITTLEFALLSNJ.GOV.

COMMUNITY PASS

Scan Code or Click Here to Register
https://register.capturepoint.com

LITTLE FALLS
A Proud Community
Since 1711

The Township of Little Falls
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Mayor James Damiano
Council Members: Christopher Vancheri, Anthony Sgobba, Michael Murphy, Jayna Patel, Christine Hablitz