POMPTONIAN
FOOD SERVICE

7TH ANNUAL
HEALTHY SCHOOL
LUNCH CHALLENGE

DISCOVER THE POWER OF NUTRITION
NATIONAL NUTRITION MONTH® 2026
A CAMPAIGN BY THE ACADEMY OF NUTRITION AND DIETETICS

ELEMENTARY AND MIDDLE SCHOOLS

IN HONOR OF NATIONAL NUTRITION MONTH

REQUIREMENTS

CREATE A RECIPE THAT YIELDS 5 SERVINGS. MEALS MUST BE DESIGNED TO BE REPLICATED IN SCHOOL CAFETERIAS.

RECIPE MUST INCLUDE MARCH'S VEGETABLE OR FRUIT OF THE MONTH, CORN AND BLACKBERRIES (EXTRA POINTS WILL BE GIVEN IF YOU USE BOTH); A LEAN PROTEIN; AND A WHOLE GRAIN. CANNOT INCLUDE FISH, SEAFOOD, PEANUTS, OR TREENUTS*

SUBMIT RECIPE AND PHOTO OF PLATED MEAL BY MONDAY, JANUARY 19, 2026 USING QR CODE BELOW

GROUP ENTRIES WILL NOT BE PERMITTED

EACH CATEGORY WILL HAVE:
TWO GRAND PRIZE WINNERS AND ONE SUPER GRAND PRIZE WINNER

PRE-K THROUGH 8TH GRADE GRAND PRIZE WINNERS RECEIVE:
- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

PRE-K THROUGH 8TH GRADE SUPER GRAND PRIZE WINNERS RECEIVE:
- A KITCHENAID MIXER WITH ICE CREAM ATTACHMENT
- A BANNER FOR THEIR SCHOOL
- THEIR WINNING MEAL FEATURED ON THE MENU

SUBMISSIONS WILL BE JUDGED IN THREE GRADE CATEGORIES
- PRE-K - 5TH GRADE
- 6TH GRADE - 8TH GRADE
- 9TH GRADE - 12TH GRADE

SCAN THE QR CODE TO SUBMIT YOUR RECIPE

*IF RECIPE CONTAINS SESAME AND SCHOOL DISTRICT DOES NOT ALLOW SESAME, INGREDIENT WILL BE SUBSTITUTED

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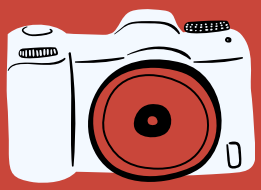
TIPS FOR UPLOADING PHOTOS AND VIDEOS



Uploading/sharing videos can be tricky due to the size of the files. If you're having trouble, here are some methods you can try:

1. If your file is too large to send, you may want to trim down the length (time) of your video.

2. If you have a Google account, try to submit your photos and videos using Google Drive. The uploads folder can be found at the end of our recipe submission form.

3. Upload your video to YouTube. Uploads can be published as "unlisted" videos, so only those with the link can view. Make sure to send us the link to view your video!